

Junior Representative Basketball Handbook

MWBA

Northern Beaches Indoor Sports Centre. Eagles Nest

Jacksons Rd, Warriewood, NSW, 2102

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1. Welcome & Introduction

Welcome to the **Manly Warringah Basketball Junior Representative Program** for 2026. This handbook is designed to guide parents and guardians through expectations, commitments, and values that underpin our representative basketball environment. Your role in supporting your child and their team is vital to a successful season. Together, we create a culture of respect, development, fair play and sportsmanship.

2. Our Philosophy

Our philosophy emphasises the holistic development of each athlete. We believe success is measured not by wins and losses, but by the improvement of individuals and the team as a whole.

We foster an environment that prioritises character, effort and growth both on and off the court.

3. Basketball NSW

Basketball NSW (Basketball NSW) www.Basketball NSW.com.au is the governing body for basketball in NSW and we **Manly Warringah Basketball** are a proud member.

Basketball NSW is responsible for organising and overseeing the representative competitions that our teams participate in, - Junior Premier Lague (JPL) Metro Junior League (MJL) Waratah Senior Leagues (WSL), the NBL1 and other sanctioned events, such as Masters League & Wheelchair Basketball.

While Basketball NSW manages the competition framework, **Manly Warringah Basketball** is responsible for the day-to-day running of the representative program, including player selections, training, team management and parent/guardian communications.

Each association nominates a League Delegate (also known as Representative Manager), at **Manly Warringah Basketball,** this is Janet Bilton, who serves as the official liaison between our association and Basketball NSW. This person attends league meetings and handles formal communications and administrative matters related to representative basketball.

IMPORTANT:
For all questions, concerns, or feedback about your child's representative experiences, including trials, training, team selections, scheduling, uniforms or fees, please see below.

Your first point of contact is your team manager:

- Name
- Email
- Phone

If your team manager cannot answer your question, your second point of contact is your Representative Manager

- Janet Bilton
- Janet.bilton@manlybasketball.com.au
- (02) 99133622

We appreciate your cooperation in following this process, as it ensures efficient communication and allows us to support families effectively throughout the season.

4. Our Representative Program

Our representative program is called the Manly Warringah Sea Eagles, and by wearing one of our representative uniforms, it means: - you represent MWBA with distinction, it is a responsibility & privilege to wear the maroon & white.

5. Representative Program Structure

In Juniors, the club is represented by 2 separate leagues, the **Junior Premier League (JPL)** which our top teams in the U14's, U16's & U18's may nominate for. This is a state wide competition & there will be some central venue weekends where the Metro based clubs in the JPL will play against country clubs, this will require player availability for both Saturday & Sunday games & sometimes an overnight stay that families must be prepared to pay for. The other league that the majority of teams will play in, is the Sydney **Metro Junior League (MJL)** for both Girls and Boys teams from U12's to U18's. There are several divisions available, this will be determined by the results of the preseason games.

A player must be younger than the age limit of their nominated age group on 31 December of that year.

Our season typically commences March through to July, however players must ensure they are available for **preseason games in February**. There is also potential for participation in State and National events for certain age groups and divisions.

U14JPL Nationals
Please note that if our U14JPL teams finish in the top 2 on the competition ladder, they will qualify for Nationals. Nationals can be held in any state & is usually held in September each year. Teams from each state will compete in the tournament. Families must be responsible for booking their own flights & accommodation (it is often treated as a family holiday) & must be prepared to fundraise to help cover the costs involved.

6. Selection Policy & Eligibility

Eligibility requires current registration with both Basketball NSW and Manly Warringah Basketball.

Players must attend all trial dates unless excused in advance (e.g. clashing Basketball NSW Programs). Selection is based on skill, commitment, coachability, and team fit.

Teams will consist of 10 players on a team, with 2 to 3 train on players selected for the lowest ranked team
Selection Trial Process

7. Court Time and Player Expectations

Being selected for a team is a significant achievement. Court time is not guaranteed and is determined by the coach based on training attendance, game strategy, and player effort.

Players are expected to show commitment, maintain fitness, and contribute positively to the team culture.

At the end of the day, it is the coach's choice on who gets to play.

The only exception to this is in U12 competitions, all players are to take the court in each half of the game, and it is the scoretable responsibility to monitor this rule.

8. Training & Game Day Expectations

Training and game day are both essential parts of the representative basketball experience. Players are expected to attend all scheduled sessions, arrive on time, and be prepared to give their best effort. Even if a player is injured, they should still attend training and games to stay engaged, support their teammates, and continue learning, unless they're dealing with something contagious or serious. In those cases, common sense applies, and families should always notify the Team Manager as early as possible if their child will be away.

Parents also play a big part in setting the right tone. This means helping your child be on time, ensuring they're properly equipped, and encouraging them to meet their team commitments. On game day, we ask parents to stay positive from the sidelines, support all players, and let the coaches do the coaching. Your example helps shape the team environment and teaches young athletes how to be respectful and responsible team members.

9. Role of the Head Coach

The Head Coach is responsible for the overall development and performance of the team. Their role includes planning and leading training sessions, teaching game strategies, managing team selections, and making decisions during games. They focus on helping each player improve their skills while building a strong, respectful, and united team culture.

The coach also sets expectations around effort, behaviour, and teamwork. While they aim to support every player's development, decisions about court time and roles within the team are based on performance, attitude, and the needs of the game. Parents and players are encouraged to trust the coach's process and maintain open, respectful communication throughout the season.

10.Role of the Team Manager

The team manager plays a key role in helping the team run smoothly throughout the representative season. They handle the behind-the-scenes tasks that allow coaches and players to focus on the game, for example, managing team communication, arranging uniforms, collecting paperwork, and assisting with logistics on game day. They are often the main point of contact between families, the Association, and coaching staff.

While they don't make decisions about who plays or how much court time each player gets, team managers are essential in keeping everything organised and supporting a positive team environment. They volunteer their time to help the team function as a group, and their efforts often go unnoticed but are critical to the team's success. Families are encouraged to work closely with the team manager and respect the role they play.

11.Train on/Development Players

Fees & Expectations

A reduced train on player fee applies (standard representative fees do not apply)

Players are required to attend the Representative camp

Required items for the season

- Playing shorts
- Reversible Training top
- Playing singlet will be supplied

Please click on the below links for further information.

2027 Train on-player
2027 Train on player (girls)

12.Parent and Guardian Responsibilities

As a parent or guardian of a representative player, you play a critical role in supporting your child and contributing to a positive team and association environment. By accepting your child's place in the representative program, you acknowledge and agree to uphold the same standards, rules and expectations as all participants.

Your responsibilities include:

- Modelling respectful behaviour at all times towards officials, coaches, players, team staff and other parents.
- Fulfilling volunteer duties, such as scorebench responsibilities, as required by the team or association.
- Maintaining open and constructive communication with the association, coaching staff and other team members.

PARENT ENQUIRY PROCEDURE - Line of Communication

1. Do not approach the coach in front of other players and supporters at a game or training.

2. Wait 24 hours before talking to the coach. Most problems will seem lesser after time, so think through the issues first.

3. If both parties agree, the team manager may be included in the discussion as an objective opinion.

4. If a solution can not be reached then the matter should be referred to the Coaching Committee. Should a suitable outcome not be reached, the issues may be referred to the MWBA Board.

Please follow the above process. It will ensure that everyone communicates with each other honestly and openly. MWBA will not look favourably on your situation if you have not attempted to follow the correct procedure.

Please support the whole team during games and training, not just your son or daughter individually. The coach is to be the only source of technical feedback to the players. Coaching from the sidelines is never appropriate regardless of your knowledge of the game.
Parents also need to be careful about discussing team issues in front of their children. If you speak negatively about a coach, player or referee and your child hears this they may adopt the same negative attitude. We are looking for positive players and positive support from parents.
We do encourage you to be vocal in your support for our teams. However, do not make negative comments to the opposition, the referees or other team members, without these parties we don't have a game.

Note: Parents/guardians are considered and recognised as participants in the representative program and, as such, are bound by the same Basketball NSW Codes of Conduct, policies, and by-laws that apply to players, coaches and officials.

13.Code of Conduct and Zero Tolerance Policy

Basketball in NSW is governed by a Zero Tolerance Policy regarding inappropriate or abusive behaviour both on and off the court.

This applies to everyone involved: players, parents, coaches, officials, and spectators, regardless of whether you are formally registered with the association.

Any behaviour that undermines the spirit of the game, disrespects others, or breaches Basketball NSW guidelines may result in disciplinary action, including removal from the representative program.

These are available at: www.Basketball NSW.com.au/about/resource-directory

14.Field of Play - know what you can and can't do

As a parent at a basketball game, your role is to be a supportive spectator. Once the game starts, the basketball court becomes what's known as the "Field of Play." This area is for players, coaches, referees, and game officials only. Parents and other spectators are not allowed to enter the court during a game unless they are specifically asked to do so by a game official or venue staff.

This rule is in place for safety and fairness. It helps the game run smoothly and keeps distractions to a minimum for everyone involved. If your child is injured or needs assistance, officials will notify you if your help is required. Until then, the best way to support your child and their team is from the stands, cheering respectfully and letting the game unfold under the supervision of trained staff.

15.Spectator Items - Banned and Permitted

From the 2026 Representative Season onwards, the following items will be banned at all

representative basketball games across New South Wales:

- Thunder sticks / Inflatable noise-makers (e.g. pool noodles)
- Vuvuzela horns
- Cheerleading pom poms (as they easily separate and can create a trip hazard)
- Cowbells, drums, pots and pans and similar high-volume instruments

These items are prohibited for the following reasons:

- Safety: We have experienced multiple incidents where pool noodles and similar items have rolled onto the court, interrupting play and creating hazards for players and officials. In some cases, these items have inadvertently hit other spectators.

- Proximity of seating to courts: Many venues used for representative basketball have limited buffer zones between the court and spectators, increasing the risk of interference.

- Inclusion and accessibility: We are proud to support a diverse basketball community. A number of our participants and spectators live with Hidden Disabilities, including visual or auditory impairments, sensory sensitivities, and other conditions. Excessive noise and unexpected stimuli from banned items can negatively impact their experience.

This rule is not intended to limit the passion and excitement of our basketball community. Cheering and team spirit are encouraged!

The following items are permitted and welcome:

- Foam fingers
- Hand-made or printed signs/posters
- Rally towels and team-coloured flags (non-noise making)
- Clapping, singing, and cheering

We thank you for your understanding and support in creating a safe, inclusive, and respectful environment for all involved in representative basketball.

16.Referees

Referees play a critical role in our representative basketball program, and each team is required to have a nominated referee to participate in Basketball NSW competitions. Referees are not just officials; they're developing athletes in their own right. They go through formal training and education, complete fitness assessments, and participate in ongoing development sessions throughout the season.

Many of our referees are under the age of 18 and are learning just like the players. They deserve the same level of respect and encouragement that we expect for our own children.

We remind all parents and spectators that they must not interact with referees. In NSW, verbal abuse, especially when directed at minors, can be classified as child abuse if it causes psychological harm. This includes comments that lower a child's confidence or make them feel unsafe. Even a single comment shouted in frustration can have lasting effects.

Basketball NSW has a Zero Tolerance Policy towards referee abuse. Any incidents will be reported to Basketball NSW, and in serious cases, referred to NSW Police.

Your support helps create a safe, respectful environment where everyone involved can grow and enjoy the game.

17.More Than a Game

More Than a Game is a new awareness program from Basketball NSW designed to protect and support the people who help our kids enjoy the game, especially towards our referees and coaches. The aim is to reduce abuse and poor behaviour from the sidelines by reminding everyone that basketball is about more than just winning, it's about respect, effort, and community.
This is a statewide initiative built on consistent messaging across all Associations. Each Association will receive an education toolkit and resources to help spread the message. Referees and coaches will also be given extra training and support so they can continue doing their jobs confidently and safely.

Parents and spectators play a big part in this. Your role is simple: be positive and cheer from the sidelines. No shouting at referees & coaches, just encouragement for the players.

Basketball NSW is backing this with a Zero Tolerance Policy on abusive behaviour, and during the representative season, monthly reports will be published online to hold everyone accountable. It's about keeping the game safe, respectful, and fun for everyone involved.

18.Communication & Conflict Resolution

Clear and respectful communication is essential. Parents should direct concerns to the team manager, then to the representative manager if needed. We encourage written communication for grievances, and disputes will be handled per MWBA and Basketball NSW protocols.

Game Day Issues
If there are any game day issues at away venues, the coach should ask the **team manager** (**not parents**, they are spectators only, they must not approach venue staff, saying e.g. **I want to make a complaint**) to seek out the Court Supervisor on duty. If the issues are not addressed or resolved, the manager should then report the issues to the home association Representative Manager on the Monday following the game. The Representative Manager will then follow official lines of procedure with BNSW.

19.Social Media and Conduct

Both Basketball NSW and our association maintain a strict social media and conduct policy that applies to all participants, players, parents, coaches and supporters.

Social Media activity including postings, blogs, status updates etc

- ***Should not*** contain material which is, or has the potential to be offensive, discriminatory, obscene, profane, harassing, embarrassing, intimidating, sexually explicit, bullying, hateful, racist, sexist or otherwise inappropriate.
- ***Should not*** contain material which is inaccurate, misleading or fraudulent
- ***Should promote*** the sport in a positive way
- ***Photography & Videography Policy*** This policy can be viewed in the Policies & Procedures section on our website www.manlybasketball.com.au

    - Failure to comply will result in disciplinary action.
    - It is MWBA policy that Coaches and other team officials are not friends or followers with junior players on Social Media Sites
    - WhatsApp groups are for team communication only; they are not venting grounds for parental disgruntlement.
    - MWBA does **not endorse or support** group chats that include players under 18, due to previously serious issues arising from such communications.

Monitoring your child's online presence
We encourage all parents and guardians to actively monitor their child's use of social media.

Young athletes are still developing judgment and resilience, and online interactions, whether group chats, comments, or posts, can influence team culture and personal wellbeing.
If you observe any behaviour that causes concern, such as:

- Bullying or exclusion
- Inappropriate language
- Distress caused by posts or messages

…you are urged to address it promptly and sensitively. Concerns should be reported immediately to your team manager or association representative. If the situation requires formal action, reports can be made through Basketball NSW via the Integrity portal:

www.Basketball NSW.com.au/integrity-complaint-or-report-an-incident/

20.Child Safety and Member Protection

Both Basketball NSW and our association are committed to creating a safe and inclusive environment. All Representative team staff must hold a valid Working with Children Check.
Below is an informative list of Do's and Don'ts when it comes to your child's participation in basketball.

DO - What Coaches and Staff MUST do	**DONT** - What Coaches and Staff must **NEVER** do.
Behaviour and Relationships ● Treat all players fairly and equally. ● Focus on skill development and learning—not just winning. ● Maintain appropriate emotional and physical boundaries. ● Respond respectfully to children's needs or concerns. ● Use clear, age-appropriate, and positive communication. ● Supervise children diligently during training, games, and events. ● Report any concerns or inappropriate behaviours promptly. **Touch and Physical Interaction** ● Ask permission before demonstrating activities involving touch. ● Use non-intrusive contact (e.g. high-fives, pat on the back). ● Avoid touching children who appear uncomfortable. ● Offer verbal directions instead of physical adjustment where possible. **Supervision and Safety** ● Always maintain appropriate supervision ratios. ● Ensure children are never left alone or unsupervised. ● Keep sessions open to observation by parents/carers. ● Know where every child is during events, especially when unsupervised contact is not possible.	**Behaviour and Conduct** ● Engage in any form of discrimination, bullying, shaming, or favouritism. ● Confide personal issues or ask children to keep secrets. ● Create emotional dependency or isolate players from peers or families. **Touch and Physical Interaction** ● Refrain from touching a player ● Initiate unnecessary physical contact (e.g. massages, hugs, wrestling). ● Force a child to do something against their will (unless for safety). **Supervision and Safety** ● Leave children unsupervised at any time. ● Use mobile phones or get distracted during supervision. ● We do not wish parents to attend training sessions (unless there is a valid reason) as at MWBA there will be a rostered parent in attendance. Coaches do not need parent intervention whilst coaching. **Communication** ● Contact children privately via phone, email, or social media. ● Use sexualised, intimidating, or inappropriate language or gestures. ● Encourage children to keep communication hidden from

Communication ● Keep all communication professional, sport-related, and transparent. ● Include parents/carers in any major decisions involving their child. ● Inform parents if a child attempts to contact a coach outside of their sporting role. ● Follow all social media and electronic communication policies. **Change Room and Bathroom Protocols** ● Encourage children to come dressed for training when change rooms are unavailable. ● Use individual change cubicles and supervise shared spaces appropriately. ● Knock and announce before entering change rooms. ● Avoid entering change rooms of the opposite gender or using them at the same time as players.	parents. **Change Room and Bathroom Use** ● Get changed or shower at the same time as children. ● Be alone with a child in change rooms or bathrooms. ● Use cameras or mobile phones in change room or bathroom areas. **Substances and Medication** ● Use, be under the influence of, or provide drugs or alcohol around children. ● Administer medication without proper consent and documentation.

If something doesn't feel right, whether it's something you've observed, your child shares with you, or you see online, speak up. You can report concerns directly to your team manager, association representative, or via Basketball NSW's integrity portal:

www.Basketball NSW.com.au/integrity-complaint-or-report-an-incident/

21.Private Training and additional Development Opportunities

We understand that many parents are eager to support their child's basketball development through additional training outside of regular representative sessions. While there are many private providers offering skills sessions, we encourage all families to do their research and ensure that any coach or program aligns with the values, safety standards, and developmental needs of their child.

Representative team coaches are not permitted to offer **their own team players**, private one-on-one sessions or charge fees to parents for additional training outside of the representative program. This ensures fairness & transparency, and avoids any conflict of interest within the team environment.

We recommend that parents first explore any additional development opportunities offered by your association, such as group training programs, clinics, or holiday camps, which are designed to complement representative training.

If you are considering external training or are unsure about a coach's offer, please speak with your association representative before making any commitments.

22.Financial Responsibilities

Representative basketball involves various costs, including trial fees, representative levies, uniforms and competition expenses. These costs may occur at different times from when you pay your local basketball fees.

Representative levies are calculated based on the total cost to operate a team across the full representative season. These costs are then evenly divided among all players to ensure fairness and transparency.

Your child's representative levy helps cover the following:

- Training and Game Venue Hire:
  Costs associated with using courts for weekly training sessions, home games, and other booked venues throughout the season.

- Game Day Costs:
  This includes payments to referees and court supervisors as required by Basketball NSW or league standards.

- Team Equipment:
  Contributions go toward shared team resources such as basketballs, equipment bags, first aid kits, bibs, and other necessary items.

- Team Nomination Fees:
  Each team is charged a registration/entry fee to participate in league competitions (e.g. JPL, SJL, NEJL). Your levy helps fund these required payments.

- End-of-Season Recognition:
  Includes items such as team awards, certificates, and participation recognition to celebrate the efforts and achievements of the players and staff.

- Other Administrative Costs:
  Includes items, staff time, printing and signage.

Please note:
The rep levy does not cover personal expenses, such as travel, accommodation, optional tournaments, or private training sessions.

Payment plans may be available, please contact your representative manager to learn more.

Parents are encouraged to explore sponsorships and participate in fundraising initiatives to support team expenses.

The payment schedule is outlined in the calendar section of the handbook.

23.Participant/Membership Fees

All players (and other participants such as coaches, referees, and team staff) must be registered with both your local Association and Basketball NSW before they can play representative basketball.

When you register your child through your Association's online form, the fee paid includes a state-level membership fee. That state fee grants benefits like accident insurance, policy access, eligibility for state-level programs, and representation opportunities.

It is the participants' or parent/guardian's responsibility to ensure membership is maintained and renewed on time to maintain eligibility.

If you need assistance navigating the process, your Association can guide you step by step, ensuring your child is fully covered and eligible.

24.Financial Hardship

We understand that the cost of representative basketball can be a challenge for some families. To ensure no child misses out due to financial hardship, we have a hardship clause in place. Families can request a payment arrangement by contacting MWBA@manlybasketball.com.au

All requests are treated confidentially and considered on a case-by-case basis. We are committed to making basketball accessible for all.

25.Spectator Fees

Most associations will charge a spectator fee at Representative games or events. These fees help cover the costs of staffing, including additional personnel such as security, to ensure a safe and orderly environment for everyone attending. This fee is usually $5.

26.Disciplinary Action

All participants involved in representative basketball, players, coaches, parents, and team officials are expected to follow the codes of conduct and policies set by Basketball Australia and Basketball NSW. These rules are in place to ensure the game is safe, fair, and enjoyable for everyone. When someone's actions go against these standards, it can reflect poorly on the team and the sport as a whole.

If behaviour crosses the line, whether it's verbal abuse, inappropriate conduct, or anything that brings the game into disrepute, disciplinary action will be taken. This may come from the local Association, Basketball NSW, or Basketball Australia, depending on the situation. Consequences can range from warnings and suspensions to bans from participating. Everyone has a role in upholding the values of the sport, and it's important that we all do our part to represent the game with respect and integrity.

Technical Foul: On receiving a technical foul, the player will be subbed off the court. The coach will decide whether this player will take any further part in this game depending on the severity of the incident. A technical foul received during a representative game may receive a one game suspension in the next game, depending on the severity of the incident. Suspensions will be at the direction of the Coaching Committee, who will assess each incident separately. Any subsequent technical fouls will automatically result in the player being suspended the following game. Coaches receiving technical fouls, will be assessed case by case by the coaching committee.

1.***Poor Sportsmanship*** (Including Unsportsmanlike fouls): On viewing this behaviour the coach has the option to sub the player off the court. If there is a second offence they will be left off for the rest of the game. Any further incidents will be reported to the Coaching Committee & may lead to a suspension.

2.***Training:*** Non-attendance or lateness to training without communication directly to the coach, plus, continual disruptive behaviour at training, may result in a coach's decision to limit playing time in subsequent games. Any further incidents will be reported to the Coaching Committee.

3.***Off the Court Incidents***: If a player is found to be behaving in a manner that will negatively affect the reputation of MWBA, their coach will be informed. This may result in a coach's decision to limit playing time on subsequent games. Any further incidents will be reported to the Coaching Committee.

27.Scorebench duty guide for parents

As part of participating in representative basketball, each team is required to supply two trained scoretable officials for every game. This is known as scorebench duty. Team A will be responsible for managing the game clock, while Team B will operate Courtside (electronic scoring). **This is a recommendation,** as it is important that these roles are filled correctly to help ensure the game runs smoothly and in line with competition rules.

The 24-second shot clock operator and the timekeeper should be seated next to one another, with the chairperson positioned in the middle of the scorebench, the scorer to their right, and the timekeeper to their left. If someone on the bench holds a Level 2 or higher scoretable accreditation, they are permitted to perform any role on the bench.

To support this, Basketball NSW provides a free online training video for parents, and volunteers, which you can view here: Scoretable Training – YouTube.

28.Travel and Uniform Expectations

Participation in representative basketball involves travel, coordination, and adherence to key expectations to ensure a safe and respectful experience for all.

Uniform Requirements
All players are required to wear the official association representative uniform for both games and warm-ups. All uniform items can be purchased online via the home page of our website.
www.manlybasketball.com.au

Travel and Supervision
Representative basketball often involves travel to venues across the Region or State. For the safety and wellbeing of all players, each child must be supervised by a parent or guardian during travel and at away games.

If a parent or guardian is unable to travel with their child to a game or event, they must inform the team manager in advance. The team manager will assist in coordinating transport arrangements, ensuring that your child travels with a trusted adult and is accounted for during the event. Please confirm all travel plans and times with your team manager ahead of each trip.

Training Pickup
If you are running late to collect your child from training, they must remain inside the training venue. Your child should either stay with the team manager or notify venue staff. This is essential for their safety and supervision.

Conduct while Travelling

All players and families are expected to uphold high standards of behaviour during travel and accommodation. This includes respecting teammates, staff, property and other guests. Representing the association with pride and integrity is a fundamental expectation of the Representative program

29.Volunteering

Volunteers are the heart of community sport in Australia. From running the canteen to helping manage teams or assisting with events, volunteers play a huge role in Representative Basketball. Their efforts help us keep costs down, improve the experience for everyone, and build stronger connections across our community. Whether it's helping out for a few hours on game day or taking on a bigger role in the program, every bit of support makes a difference.

If you're willing to get involved, we'd love to hear from you. There are many ways to contribute, whether it's helping your child's team, supporting the representative program, or lending a hand to the association more broadly. No experience is needed, just a willingness to help. If you're interested in volunteering, please contact us. Your time and effort are greatly appreciated.

30.Injury/Injury Prevention

Basketball, like any sport, comes with some risk of injury. Actions such as running, jumping, catching, shooting, and defending all carry the potential for accidents, just like in any physical activity. While both us and Basketball NSW work hard to put safety measures in place and reduce risks through proper training and supervision, it's important to understand that not all injuries can be prevented.

All registered participants are covered by personal injury insurance when involved in Basketball NSW-sanctioned activities. This includes training, games, and other approved events.

To help further reduce the risk of injury, we strongly recommend that all players warm up and cool down after training and games and consider wearing a mouthguard during games and training. Locally, you can contact Profit Mouth Guards Profit Mouthguards

Taking these precautions helps keep our players safe and gives everyone peace of mind. ..\MWBA Documentation\MWBA Policies & Procedures\Injury Procedures.doc

31.Mental Health

Both our Association and Basketball NSW recognise that mental health is just as important as physical health. We're committed to creating a supportive environment where players, coaches, officials, and families feel heard and valued. Open conversations about how we feel, not just how we play, are encouraged. By reducing stigma and encouraging empathy, we can build a community where mental wellbeing is a priority, and seeking help is seen as a sign of strength and self-awareness.

The sport also provides access to mental health resources, helplines, and awareness programs to support you and your child.

There are services such as:

- Lifeline (13 11 14),
- Beyond Blue (1300 224 636),
- Kids Helpline (1800 551 800) and
- Headspace (1800 650 890) that are available free and confidentially 24/7.

https://www.Basketball NSW.com.au/mental-health-wellbeing/

32.Sponsorship Opportunities

Sponsorship plays a big role in helping us grow our representative programs and keep basketball more affordable for families. If you or your business are interested in getting involved, we'd love to talk. Sponsorship can be tailored to suit different levels, whether it's supporting a team, a specific event, or contributing more broadly to our Association.

It's a great way to support young athletes, promote your brand in the local community, and make a positive impact.

If you'd like to explore sponsorship opportunities or have a conversation about how your business can get involved, please contact us. Every contribution helps us build a stronger, more inclusive basketball community.

33.Association Refund Policy

MWBA has refund policy for MWBA Competitions, Programs & Merchandise ..\MWBA Documentation\MWBA Policies & Procedures\Refund-Policy-1.9.22-1.pdf
Basketball NSW has a Return and Refunds Policy that outlines how refunds are managed for **player registration**s, programs, and events.
In general, refunds are not automatic and must be requested in writing, with each case reviewed individually. Factors such as timing, medical reasons, and other circumstances are considered. You can read the full policy and process for requesting a refund on the Basketball NSW website here: www.Basketball NSW.com.au/about/Basketball NSW-return-and-refunds-policy. If you have any questions or need help, please reach out to us.

34.Intent to Trial/Clearances

If your child is already registered with one basketball association but wants to try out for a different association, you must first complete an "Intent to Trial" form. This form lets everyone know that your child is interested in exploring other options, but it does not mean they have officially left their current association. This form is available on the Representative page of our website, & the MWBA Rep Trial booking form.
It's the responsibility of the player or their parent/guardian to fill out and submit this form online *before* attending any trials with another association. Please remember this form is not the same as a clearance. Your child still needs to get an official clearance from their current association before they can play in any Basketball NSW competitions with a new team. Keep a copy of the submitted form for your records, just in case there are any questions down the line. BNSW Clearance form

35.Participation in other representative events

Throughout the season, your child's representative team may be invited or qualify to participate in additional events beyond the regular representative competition. These may include tournaments such as the John Martin Country Tournament, the National Junior Classic, or other special competitions. These events provide great opportunities for players to test themselves against top teams, experience different playing environments, and continue their development.

Please note that participation in these events is optional and comes at an additional cost. These costs can include entry fees, travel, accommodation, and other related expenses. Families will be notified well in advance if their team is attending one of these events, and full details, including estimated costs, will be provided to help you to plan ahead.

36.Representative Calendar of Events

To help you stay organised and plan ahead, a calendar of key representative dates is available through the link below. It provides an overview of important events scheduled throughout the season, including regular games and finals, holiday breaks, Basketball NSW trial dates and teams, and any known tournaments or special events. Junior Reps 2026\BNSW Calendar 2026 FINAL.xlsx

37.End of Season Function

At the end of each representative season, we hold a Presentation Day to bring players, families, and team staff together to celebrate the journey. It's a great opportunity to reflect on the highs and lows of the season, acknowledge the hard work of players and coaches, and thank the volunteers and families who helped along the way.

We strongly encourage all players to attend; it's a special way to finish the season with their teammates.

38.Acknowledgement and Agreement

By accepting your child's place in our representative program, you confirm that:

- You have read and understood the expectations outlined in this handbook.
- You agree to comply with all association and Basketball NSW policies, codes of conduct, and terms of participation.
- You understood that continued involvement in the program is dependent on meeting these standards.
- You have read & understand the MWBA Rep-Info-Agreement form.

Rep Documentation\Rep-Info-Agreement-2026.docx

Your support, behaviour, and partnership are essential to creating a safe, respectful, and successful representative experience for all involved.

CONTACT DETAILS

Manly Warringah Basketball Association - MWBA

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Office Staff:

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Janet Bilton	Office/Representative Manager/Member Protection Officer
Tim Hill	Director of Coaching
Jane Ubrien	Referee Administrator
Lucas Nicol	NBL1 Coordinator/Referee Development Officer
Brad Dalton	Development Officer
Maria Panetta	Operations/Accounts Manager
Rad Radan	Competitions Administrator
Steven Shortland	MWBA Academy Manager
Clare France	Head Court Supervisor
Michelle Matthews	Head Court Supervisor
Jasmine Kelly	Marketing & Sponsorships
Maja Jurlina	Social Media Manager
Koen Jansens	Director of Wheelchair Basketball Programs

Coaches Committee Members

Duane Jordan

Janet Bilton

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Paula Martin

Nathan Kirwan

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