



Manly Warringah Basketball Assoc.



MAKING EAGLES SOAR



EST. 1950



Representative Handbook

*Northern
Beaches Indoor
Sports Centre.
Eagles Nest
Jacksons Rd,
Warriewood,
NSW, 2102*

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CLUB STRUCTURE

Overall responsibility for the management and administration of Manly-Warringah Basketball Association (MWBA) rests with the Club's Board of Directors.

The Representative Program (being both Juniors and Seniors) is the responsibility of the Association Administrator, the Director of Coaching & the Coaching Committee.

To contact either Committee or the Board of Directors, please call the MWBA office – 9913.3622 for details, alternatively the office will forward on your enquiry / concern.

DOCUMENT PURPOSE

The '**PLAYING FOR THE SEA EAGLES**' Handbook has been produced by the Coaching Committee, and has also been approved by the MWBA Board.

It is intended as a reference document for all players and their families who are representing MWBA in the Representative Program.

It is ESSENTIAL for all players, and parents, to read and understand the issues and commitments described in this document. Representing MWBA is a privilege, but with all privileges comes responsibility – and being a Representative Basketballer for MWBA requires a significant investment of time, effort, and money.

OVERVIEW: SEA-EAGLES REPRESENTATIVE PROGRAM

MWBA runs both Junior Representative and Senior Representative Programs.

In **Juniors**, the club is represented by 2 separate leagues, the **Junior Premier League (JPL)** which our top teams in the U14's, U16's & U18's may nominate for. This is a state wide competition & there will be some central venue weekends where the Metro based clubs in the JPL will play against country clubs, this will require player availability for both Saturday & Sunday games & sometimes an overnight stay. The other league that the majority of teams will play in, is the Sydney **Metro Junior League (MJL)** for both Girls and Boys teams from U12's to U18's for both boys & girls There are several divisions available, this will be determined by the results of the preseason games.

In **Seniors**, MWBA enters Women's and Men's teams in the NBL1 which is the highest NSW league. In addition, MWBA fields Women's and Men's teams in the Youth Division (U\23) of the NSW State Basketball League.

SEASON LENGTH & TIMING

Juniors

MWBA may enter Pre-Season tournaments which are normally held prior to the official season starting, such as the **Coastal Classic** at the Central Coast, or **Summer Slam** – Metro. It is up to each team to decide if they wish to enter, cost & team entry is the responsibility of the team.

The JPL & MJL Pre-Season can change from season to season & dates may differ from year to year. Dates will be advised by BNSW. Games are not played on the middle weekend of the school holidays.

Seniors

The NBL1 League and Youth League competitions usually start around March/April, and playoffs finish in late August. However, dates may vary from year to year. Seniors do not break for School Holidays in the same way that the junior teams do.

Please realise that from season to season, Basketball NSW, may actually change the timing of the season.

WHEN & WHERE ARE REP GAMES PLAYED

Juniors

All **JPL (Junior Premier League)** & **MJL (Metro Junior League)** games are played on Sundays, (except for Central Venues weekends, where you may play Friday night Saturday or Sunday) Game times may range from 8.30am to 4pm. Games can take up to 1hour 40 min. Players must be at the venues at least 40 minutes before game-time, to meet, and for team Warm-Ups etc...

Home games are held at the Northern Beaches Indoor Sports Centre (NBISC). Away games, depending on which associations are entered in that division, may be at any of the following venues: Bankstown, Blue Mountains, Glebe, Hawkesbury, Hills, Hornsby, Liverpool, Manly, Macarthur, North Sydney, Springwood, Penrith, Ryde, Sutherland, & Sydney City. Travel is the responsibility of the individual.

Seniors

Home games are held at NBISC, and may be either on a Saturday or Sunday. Away games may involve travel across the metropolitan area and other areas outside Sydney – e.g Maitland, Newcastle & Illawarra. Travel is the responsibility of the individual.

OTHER JUNIOR PROGRAM INFORMATION

How much training is involved?

From December after team selections have been finalised and posted on the MWBA website, there may be one session per week, up to two hours in length. However, this is subject to the starting date of the Junior Competitions, which will be determined by Basketball NSW.

Sessions will be 1.5 to 2 hours in length. However, the U16M and U18M will have 2 individual team training sessions each week. Official team training starts when school goes back, however some coaches commence training in January, especially the younger age groups.

How many players will be selected?

Teams will consist of **10 players** on a team, with **2 to 3 train on players** selected for the lowest ranked team, & some teams may carry a **development player**

Role of the Development Player

- This player is usually selected from age groups, where trial numbers are much larger e.g. U14/16B
- Selection is at the discretion of the head coaches of the age groups & the coaching committee, it doesn't happen for every team & may not happen every season.
- This is usually a player who is bottom age, has lots of potential & has only just missed out on selection
- It is an opportunity for this player to continue training at Rep level
- If a player within the age group is injured or withdraws, a player will be moved up from the Train on player upwards
- This position is for development only, this player will not play games or attend tournaments.

The Role of the Train on Player

The object of the train on player is to improve their basketball skills, at representative level

- The 12's & 14's train on player will train with their age group on Fridays only, as this session will focus mainly on basic skills, which is essential for this age group.
- 16's & 18's may attend both training sessions
- Players should attend the MWBA Representative Camps run in the school holidays
- Players may fill in for the team when players are ill/injured, or unavailable for a specific reason
- Train on players do not attend games or tournaments unless invited to do so, as only 10 players may play & sit on the bench. This is a BNSW rule.
- There is a reduced fee, set at \$150 instead of \$750 for a team position.
- Where there are 2 or 3 Train on players attached to a team, these train on players are not ranked in any particular order.
- When a train on player is selected to fill in for a team, the player chosen will be the player most suited to fill the role of the unavailable player. For example, if the unavailable player is a guard, the train on player with the best guard skills will fill the spot
- Players will need to purchase a reversible training top & playing short, for training & playing, a playing singlet will be provided by the club.

Representative basketball is an elite program and playing time is never guaranteed. Each team will have players of varying ability & experience, this is Representative sport & players have to earn court time by training hard and making the most of every opportunity on court. Sometimes this can be frustrating, but parents must be supportive of coaching decisions for their child to succeed. We have excellent coaching staff who are volunteers. The aim of the program is to encourage each individual player to improve their skills, and assist each team to achieve its highest possible level.

MWBA PLAYER RESPONSIBILITIES & GUIDELINES

Your main responsibility is to represent MWBA with distinction, both on and off court. Whenever you wear the Maroon-and-White colours you are representing the club. This is a big responsibility – do your best!

Be prepared to work hard in order to improve. Good players accept responsibility for their own performance. There is no benefit in blaming other people and don't make excuses.

Respect the people willing to help you reach your goals. Listen and learn from your coaches, give them your undivided attention and remember they are there for your benefit, not theirs.

Be a good team-mate first and foremost – every team is bigger than any individual. Play for your team first, while doing your best and being the best, you can be. Being selected to play for MWBA is a significant privilege, and you should be proud of it – however, no-one is bigger than the club.

Basketball will develop you as an athlete but it, like all sport and especially team sport, presents you the chance to develop as a person. Some lessons that MWBA value are:

- **Commitment:** Being part of a team demands that you can carry out your commitment to others. This will mean that you will need to give up some personal wishes and make sacrifices for the group.
- **Perseverance:** When things aren't going your way you must never give up when you are part of a team. Your team will need your total effort even when it is not your day.
- **Team Work:** It is crucial that in sport and life you are able to work in a team situation. Sometimes this means learning your role and doing what is best for everyone and not just yourself.
- **Learning to Compete:** This does not mean to win at all costs but rather to compete to the best of your ability at all times. Competition is present in all aspects of life and it teaches us to value our victories and to be gracious in our defeats.
- **Respecting Others:** In life we must learn to respect everybody regardless of their roles and differences. In Basketball we expect respect to be given to opponents, team mates, coaches, referees, other game officials, spectators and administrators.

. **Do not argue with referees during a game.** Refereeing decisions are made by qualified referees, the decision is theirs and theirs only. We do not appreciate any parent shouting comments from the sideline, no matter how experienced they may be, & if they continue to do it, they will be asked to leave the venue. Players make great referees, we encourage all players to participate in our refereeing program, it gives them a sense of responsibility, & to earn money, as well as a greater understanding of refereeing decisions.

Disciplinary Action

Technical Foul: On receiving a technical foul, the player will be subbed off the court. The coach will decide whether this player will take any further part in this game depending on the severity of the incident. A technical foul received during a representative game may receive a one game suspension in the next game, depending on the severity of the incident. Suspensions will be at the direction of the Coaching Committee, who will assess each incident separately. Any subsequent technical fouls will automatically result in the player being suspended the following game. Coaches receiving technical fouls, will be assessed case by case by the coaching committee.

1. **Poor Sportsmanship (Including Unsportsmanlike fouls):** On viewing this behaviour the coach has the option to sub the player off the court. If there is a second offence they will be left off for the rest of the game. Any further incidents will be reported to the Coaching Committee & may lead to a suspension.

2. **Training:** Non-attendance or lateness to training without communication directly to the coach, plus, continual disruptive behaviour at training, may result in a coach's decision to limit playing time in subsequent games. Any further incidents will be reported to the Coaching Committee.

3. **Off the Court Incidents:** If a player is found to be behaving in a manner that will negatively affect the reputation of MWBA, their coach will be informed. This may result in a coach's decision to limit playing time on subsequent games. Any further incidents will be reported to the Coaching Committee.

PARENT'S GUIDELINES

We know and appreciate the sacrifices you make in order that your child can represent our club. Many involved in club administration also have children in the Representative programs. It is essential that all support their children but you must also support the coach, team manager, other team members and the

club administration.

It is particularly important that you support the coach. They have to make hard decisions every day concerning the welfare of the club, the team and the individual players.

UNLESS YOU DEMONSTRATE 100% FAITH IN YOUR CHILD'S COACH, IT IS UNLIKELY THAT YOUR CHILD WILL DEVELOP AND PROGRESS AS THEY SHOULD.

Being part of a team means giving your all. Your attitude towards games and even practices will rub off on your children. The importance of practice is a lesson you must help us teach your children.

Parents must understand that all of our coaches are volunteers. They are the best coaches that we can make available to your children. The club will offer all help possible to coaches and players who want to improve.

Parents must understand that coaches are given the task of making objective decisions in regard to your child with respect to what is best for the team and club. We do understand that there will be some mistakes made. Effective communication between yourself and the coach is the key to addressing any issues you may have with the coaches' decision.

If you have positive feedback this may be brought up at any time. However, if you have issues that need resolving then please follow the appropriate process (outlined below).

PARENT ENQUIRY PROCEDURE - Line of Communication

1. Do not approach the coach in front of other players and supporters at a game or training.
2. Wait 24 hours before talking to the coach. Most problems will seem lesser after time to think through the issues first.
3. If both parties agree the team manager may be included in the discussion as an objective opinion.
4. If a solution can not be reached then the matter should be referred to the Coaching Committee.
Should a suitable outcome not be reached, the issues may be referred to the MWBA Board.

Please follow the above process. It will ensure that everyone communicates with each other honestly and openly. MWBA will not look favourably on your situation if you have not attempted to follow the correct procedure.

Please support the whole team during games and training, not just your son or daughter individually. ***The coach is to be the only source of technical feedback to the players.*** Coaching from the sidelines is never appropriate regardless of your knowledge of the game.

Parents also need to be careful about discussing team issues in front of their children. If you speak negatively about a coach, player or referee and your child hears this they may adopt the same negative attitude. We are looking for positive players and positive support from parents.

We do encourage you to be vocal in your support for our teams. However, do not make negative comments to the opposition, the referees or other team members, without these parties we don't have a game.

MEMBER PROTECTION

Any Member Protection issues must be reported directly to the Representative Co-Ordinator - Janet Bilton, who is also the Member Protection Information Officer for Manly Warringah Basketball.

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REPRESENTATIVE FEES AND COSTS

The fees associated with playing Junior Representative Basketball for MWBA may differ from year to year, depending on rising costs. The Total amount will be split into two invoices.

Payment Timing

Installment 1: 50% of fee -Deposit Payable to hold position – Date to be advised on Website when teams are announced.

Installment 2: 50% of fee -Balance payable before the first competition game.

Payment Method

Installments will be invoiced to the email supplied on the MWBA Rep Trial Nomination form.

Fees are expected to be deposited to MWBA via Bank details supplied on the Fee invoice, quoting surname, team & invoice number.

'No Pay - No Play' Policy

The assumption is that all fees will be paid by the required time. A 'no pay – no play' applies to all competition basketball at MWBA. Should payment not be received by the specified date, reminders will be sent to the parent by MWBA. If payment is not received within 14 days the player shall be deemed 'unfinancial' and suspended from Representative basketball until payment has been received.

Uniform Costs:

Playing singlets are supplied by Manly Warringah Basketball Association and remain the property of the Association. Team managers will collect the singlets at the end of the season.

All MWBA Representative Players are required to purchase team uniforms as detailed:
Representative shorts & reversible training singlet will be available directly from the office.

Representative Shorts - \$45

Reversible Training Singlet - \$45

All other items are available
from the online Merchandise
Shop via our website.

Registration/Insurance

All players must have a current Primary BNSW registration. The cost of registration belongs to the individual player.

Hardship

Cases of genuine financial hardship can be brought to the attention of the MWBA Office. These requests must be made in writing, and any such requests will be dealt with in strict confidence.

Refund Policy

Any refunds for players not able to complete the season will be assessed on a case by case basis.

MWBA Player Funding & Support

MWBA will assist players selected in BNSW State Teams and coaches with costs involved in attending their respective National Championships. Selected players should contact the MWBA Office who will advise what is required in order to obtain the support. Presently, the amount of support is set at \$600, although this may change in the future.

Accounts\Fees General Enquiries: Should be directed to the MWBA office on 9913 3622.

SPONSORSHIP POLICY

The MWBA representative uniform (including logos) is not to be altered in any way. All sponsorship proposals must be lodged with the Coaches Committee, & approved by the MWBA Board. No unauthorized additions or alterations are to be made to any apparel used by MWBA Representative Players, managers or coaches. Similarly, the use of any MWBA logo or the words 'Manly Warringah Basketball Association can only be reproduced on clothing, uniforms, stationery, letters, or any other products with the prior permission of the MWBA office.

COMPULSORY REQUIREMENTS

- Fees **must be paid** prior to the commencement of the season
- Families must contribute to all **fundraising activities/if any**
- **All teams** will be sent a floor wiping roster to attend senior games as a **floor wiper** for these games. The 2 NBL1 games (men's & women's) are expected by the league to be provided with floor wipers for their games, & this position is expected to be filled by players from our junior programs. 4 players will be required for each game, 2 at each end. Times are usually 2 & 4pm Saturdays.
- **Rep camps** are run in school holidays, players are expected to attend. Dates will be advised. players must register online.
- Players must attend all training /skills sessions for their team, & all competition games.
- All **parents** must attend a compulsory **score table course** that will be run by BNSW & commit to **score table** (bench duties)
- Other Representative sports must **NOT CONFLICT OR AFFECT** Rep basketball commitments, including both games & training.

ELIGIBILITY OF PLAYERS FOR SELECTION

To be eligible for selection players must:

Acknowledge that they are prepared to operate within MWBA policy and guidelines by signing the Representative Player Agreement.

Acknowledgement by parents of a junior player that they are prepared to operate within MWBA policy and guidelines by signing the Representative Player & Parent Agreement.

Must attend the full try-out phase as determined by Manly-Warringah Basketball Association (Any absences must be explained, communicated to and approved by MWBA)

Pay the appropriate fees, & have a current Primary BNSW registration with MWBA.

In addition, the following matters will be taken into account: -

Player and/or Parent/Guardian's past and current degree of acceptance and adherence to the Codes of Conduct.

A player's history of commitment to the representative program in past seasons, where that player had commenced with the program and then broken that commitment.

SELECTION INFORMATION

While every effort is made to constantly refine the selection processes, subjectivity remains an unavoidable element of selection to a MWBA Representative Team. Please be aware that selection is one of the most difficult times of year for MWBA.

The MWBA selection period **commences** from the first day of trials, until the final team selections are posted on the MWBA website.

If, at some stage after the selection period is over, a player withdraws from any of the age groups, a replacement player may be found at the discretion of the MWBA Coaching Committee and the team

Head Coach. This player may not have participated in the Representative trial process; however, this decision will be made in the best interests of the MWBA Representative Program.

The following are factors that may be considered during the selection process:

- Ability to compete at a Metro League or State Championships.
- A history of successful past performances at Sydney or State Championships.
- A history of successful past performances in the MWBA Local Competition.
- Demonstrated high level of performance at selection trials (except where the athlete is exempted from attendance at selection trials by MWBA).
- Athletic ability, desire and dedication to become a player at the highest possible level.
- Potential to be socially compatible and display a sense of “team ethic” within a group.
- Highly receptive to coaching and highly cooperative within the team coaching environment.
- Demonstrated attitude displaying excellent self-discipline and standards of personal behaviour.
- Outstanding desire and commitment to working hard at improving mental, physical and basketball skills.
- Any other criteria that the selectors see fit to apply in helping them to select the teams that they believe will be best able to represent MWBA.

SELECTION PANELS & PROCESSES

JUNIORS

The selection panel for each team should consist of three selectors. Wherever possible, this will be the Division 1 Head Coach, and two independent selectors. Wherever possible the independent selectors will not be related to any player trialing for that age group, we try to ensure they are a current representative coach or Coaching Committee member. If the Head Coach for Division 1 has not been appointed at the time of trials, three independent selectors will form the Selection Panel.

Where possible the three selectors will attend all selection trials. In cases where agreement cannot be reached, the Head coach of Division 1 will submit the team to the Coaching Committee for their final approval.

Once the selections are finalised & posted on the MWBA website, the decision is final, and there is no appeal process.

It is the role of the Coaching Committee to ensure that the teams chosen, are done so, in the best interests of the MWBA Representative Program.

Junior Squad Selections

The procedure for the first cut of players in the squad after initial open trials will be as follows:

1. Names of players selected in a squad will be posted on the MWBA Web-site shortly after each trial session.
2. A squad of players after the first trial session will be named, this squad should contain no more than 36 athletes (per age group) provided there were sufficient available athletes (from those attending the trial and from other eligible athletes) to meet these requirements.

Final Team Selections

The first Wednesday after the last Rep trial, final team selections will be posted to the MWBA website.

It is strongly recommended that each age group has a minimum of 7 bottom age players, to allow for continuity in the program from year-to-year.

SENIORS

Head Coaches in the senior program have responsibility for setting their own Selection procedures.

SELECTION TRIALS – JUNIOR & SENIOR

Open selection trials for eligible athletes, will be held on a date, and at a venue, to be determined and advertised by MWBA each year. Trials will normally be held in November.

Any athlete who believes that they have a legitimate reason for being unable to comply with any part of the selection eligibility, selection criteria and/or procedures may appeal to MWBA to be considered in the selection process along with the other athletes.

MWBA reserves the right to consider each case on its merits and the decision of MWBA will be final.

Legitimate reasons could include such situations as:

- Being unable to trial because of injury (medical evidence must be provided)
- Inability to gain release from an elite sports program. Written evidence would be requested.
- Inability to gain release from a school event. Written evidence would be requested.
- Inability to gain release from a family commitment. E.g., Wedding, prior booked family holiday.
- Other exceptional circumstances – which will be considered by the Coaching Committee on a case-by-case basis with reference to the timing and impact of any decision.

Athletes are required to stand for selection in their own age division. A junior athlete is able to stand for selection in a senior division; however, the athlete must ensure that their first commitment is always with the junior team, in both training and competition. Junior players are not permitted to represent at senior level without fulfilling junior representative commitments.

OTHER SPECIAL CIRCUMSTANCES

MWBA may choose to provide team selectors with a list of approved players who are unable to attend selection trials but who will be considered for selection along with the athletes attending trials. Selection will then be undertaken based on the merits of all the eligible athletes to the best of the selectors' ability and knowledge. It is not intended that being on this list will either enhance or prejudice athletes' chances of selection. Nor is it intended that not being on the list will enhance or prejudice the chances of the athletes in attendance at trials.

Social Media

Social Media activity including postings, blogs, status updates etc

- **Must not** contain material which is, or has the potential to be, offensive, aggressive, threatening, discriminatory, obscene, profane, harassing, embarrassing, intimidating, sexually explicit, bullying, hateful, racist, sexist or otherwise inappropriate.
- **Must not** contain material which is inaccurate, misleading or fraudulent
- **Should promote** the sport in a positive way
- **Photography & Videography Policy** This policy can be viewed in the Policies & Procedures section on our website www.manlybasketball.com.au

- Failure to comply will result in disciplinary action.
- It is MWBA policy that Coaches and other team officials are not friends or followers with junior players on Social Media Sites
- WhatsApp groups are for team communication only, they are not venting grounds for parental disgruntlement.
- Players are not to be included in WhatsApp group chats.

Coaches & Managers

Communication- email and telephone

All Junior coaches & managers will be supplied via the MWBA Office, with team contact details collated from the Representative trials. Details include, phone numbers & email addresses of the parent/guardian of the player. Due to Privacy issues, coaches and managers may not pass on any player contact details.

Language

Coaches must refrain from swearing and the use of inappropriate or suggestive language. The Association has adopted a vigilant stance on this issue due to the fact that team management are in charge of the care of minors and young impressionable athletes. Any form of foul or derogatory language will not be tolerated. It has no place in training, games, social activities organized by individual teams and even in an environment where team management may find themselves in the presence of junior athletes outside of team commitments. Eg. Elite camps, watching other basketball games in the stadium. All involved will need to be acutely aware of their environment and the appropriate behaviour warranted by virtue of their position of seniority

The following points are strongly recommended and endorsed. They are in line with the professional direction and outlook that MWBA has adopted. It is envisaged that MWBA support staff and team management, with the club's best interest at heart, will support the following guidelines.

Professional Attire

Coaches and Team managers are requested to dress appropriately during games as they are representing the association. All Coaches are supplied with a coaching polo top which must be worn while coaching games, in conjunction with **black** pants/skirts Enclosed footwear (i.e. no thongs), are requested, slip on shoes for females are acceptable.

Age Group Objectives

- In accepting this appointment, the appointee recognises and accepts that MWBA has established objectives in the form of curriculum for each age group and that the role of the appointee is to fulfill these objectives.

Consultations

- In accepting this appointment, the appointee recognises and accepts that the appointee should liaise with the MWBA Coaching Committee regarding methods for achieving the desired level of team and individual development.

POLICY & PROCEDURE REVIEW

All policies and procedures will be reviewed annually by the MWBA Coaching Committee.

CONTACT DETAILS

Manly Warringah Basketball Association - MWBA

Location: Northern Beaches Indoor Sports Centre (NBISC)
Jackson’s Road Warriewood

Phone: (02) 99133622

Email: mwba@manlybasketball.com.au

Website: <http://www.manlybasketball.com.au>

Office Staff:

Duane Jordan	General Manager
Janet Bilton	Representative & Registration Manager Children’s Protection Officer
Tim Hil	Director of Coaching
Jane Ubrien	Head of Referees Local Comp Level
Lucas Nicol	Head of Referees Representative Level
Brad Dalton	Development officer
Maria Panetta	Operations Manager
Rad Radan	Local Comp Manager
Steven Shortland	MWBA Academy Manager
Clare France	Head Court Supervisor
Michelle Matthews	Head Court Supervisor

Coaching Committee

Janet Bilton

Duane Jordan

Paula Martin

Timothy Hill

Nathan Kirwan

Rad Radan